

Kirton Hash House Harriers – Risk Assessment for Hashing during Covid-19 restrictions

HAZARDS	Who might be harmed?	Settings (physical settings and activities)	Mitigation measures
<p>Lack of awareness around Covid-19 risk factors and key government/ England Athletics / local guidance for limiting the spread / transmission of the disease.</p>	Hashers / general public	All settings / activities	<p>Communications with all hashers prior to accessing club activities – updated protocols and measures that have been implemented.</p> <p>Literature is available via www.swh3.info /England Athletics/ and all hashers must make themselves aware of the key messages and protocols.</p> <p>All hashers are responsible for their own compliance.</p>
<p>Spreading / transmission of COVID-19 through airborne transmission</p>	Hashers / general public	Start / end point and the trail itself	<p>At start point - Social distancing – the meeting point must allow appropriate levels of social distancing between hash members and between hash members and members of the public.</p> <p>Limit numbers to 30.</p> <p>Trail - All trails to be as free from obstacles that need to be touched as reasonably possible i.e. gates/stiles. Advise hand sanitiser is carried.</p> <p>Trail – minimise/avoid narrow footpaths.</p> <p>Trail –Back to checks permitted but no over-taking and social distance to be maintained.</p> <p>Trail - Fishhooks only in wide open spaces so that social distancing can be maintained.</p>

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			Social distancing – hashers must maintain the relevant distance between each other and members of the public during the Hash.
Spreading/ transmission of Covid-19 through contact with disease at Sweetie Stop	Hashers	On trail	Hashers to bring own sweets and not to share. Maintain social distancing. Hares may choose to bring sweets that they can dish out to individuals using tongs.
Spreading/ transmission of Covid-19 through contact with disease on a surface	Hashers / general public	Public spaces, including car parks, barriers, gates and stiles	Social distancing. Subs – to be paid as single payment for 6 months (£10) to Hash Cash. No weekly collection. Recommend that hashers carry hand sanitiser to use in event of having to touch a surface (eg. a gate).
Spreading/ transmission of Covid-19 at Start and End of the Hash		Signing in/closing circle	Social distancing will be adhered to.
Track and trace	Hashers		On Sec to request via email real names and contact details of those wishing to attend hashes. A person cannot hash unless these details are provided either by email or on the night. Hare (or On Sec) to make a record (on paper or on phone) of hashers present. If hare makes list, email to On Sec within 24 hours. On Sec to keep record of attendees for at least 4 weeks after the relevant hash.

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On downs			Suspended until the government allows groups of more than 6 to meet socially again.
Soft Bertie –surface transmission	Hashers		No physical Soft Bertie will be awarded. The hare may award a forfeit that does not involve contact – eg: person awarded forfeit may have to wear a silly hat (belonging to them) or their underpants over their running tights.
Trash	Hashers		The trash should be emailed to the On Sec who will distribute by email only. No hard copies.
Laying the trail	Hare/general public	Public spaces	<p>The hare should have regard to the “Guidelines for hares”.</p> <p>The hare should carry hand sanitiser.</p> <p>If anyone is assisting the hare in laying the trail, social distancing must be maintained at all times unless they are members of the same household or bubble.</p>

Glossary

Hare	Person laying the trail
Hash Cash	Haddock aka Richard Gard
On Sec	Roxanne aka Cathy Fleming
Soft Bertie	Soft Bertie toy
Trash	Write up of hash

Dated: 24/09/20