



HASH TRASH

Hare - Haddock
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Clifford Bridge

The Joy of Checks

The complete guide to successful checking with your partner
with apologies to Dr Alex Comfort



Dr Dents has produced an effective guide to the ins and outs of checking on any terrain. His imaginative use of positioning whilst instigating a check is an inspiration for the novice. This book hits the spot or dot, with its clever illustrations and instructions so you and your partner cannot fail to achieve satisfaction.

The novice checker might need some encouragement to try and tackle some of the more advanced checks. We give below a helpful guide for those of a less adventurous nature.



The **dot** is used to indicate the direction in which you and partner might follow in order to reach fulfilment. It is often helpful to indicate direction by shouting or making noises of encouragement.



The **check** sign will give you and your partner a choice of basic positioning. It will mean that you can go in any direction as long as your partner is willing. You should not try anything that is too adventurous or ambitious. Judicious positioning of checks can ensure a coming together, often joyous.



The **back check** is the opposite of the **front check**. It is essential that the you and your partner do not go up any false trails as this might lead to unpleasantness and could be upsetting for all concerned. A good back check ensures that you remain on the correct path.



The **check back** must not be confused with the **back check**. The **check back** is in the advanced section of the **'Joy of Checks'** and must only be attempted with your partner if you both are prepared to return to basics and look back left or back right.



The **SS** check introduces additional substances for you and your partner to enjoy. Chocolate can occasionally play a part and can enhance the experience particularly if nuts are included.

Thanks must go to the following for this short guide to 'The Joy of Checks': Mudskipper for his continued participation and his essential inspirational work in Hamburg, DVK's medical experience was much appreciated and Dogger for his knowledge of Haldon Hill and the surrounding area. Finally thanks must go to Soft Bertie without whom this article would not have been written. This Trash was inspired by the conversation at the on down at Dunsford.